

I encourage you to take time out every day to pray the following prayer of consecration and dedication out loud on your knees with your hands lifted up to the Lord. Begin to thank the Lord day and night that you're delivered from any weight or sin that you seem to have a difficult time getting the victory over.

One of the best ways you can receive the deliverance that Jesus purchased for you and to receive help from God to get out of bondages and fleshly habits (which are detrimental to your life and Christian witness) is to humbly thank God for His power to manifest in the area that you need help or deliverance.

My Prayer of Consecration and Dedication

Father God, I come to You in Jesus' Name and I thank You that You have given me power through Your Word and with the help of the Holy Spirit in Jesus' Name to help me crucify my fleshly appetites. The apostle Paul said in 1 Corinthians 9:27, **But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.**

Romans 6:16: **Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness?**

Galatians 5:16: **This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.**

Colossians 1:13: **Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son:**

God, according to Your Word, I've been delivered from Satan and his power. There's nothing that I cannot overcome, because You said I can do all things through Christ, Who strengthens me. My desire is to please You, Lord, and to walk in the spirit, to keep under my body, to walk in the God-kind of love and to bring glory and honor unto You.

I don't want to be controlled or dominated by my flesh, mind or carnal nature, or live in guilt or condemnation, constantly having to repent for the same thing over and over again. Instead, I want to be strong in the Lord and in the power of His might. I don't want anything in my life to displease You or to grieve the Holy Spirit.

I want my light to shine and for people to see Jesus in my life. I want to live in the liberty of the Lord and not be in bondage to my flesh, the lusts of the world, or to Satan or any of his evil forces.

Jesus said, **...the spirit indeed is willing, but the flesh is weak** (Matthew 26:41). I thank You for helping me to be strong in the spirit so I can overcome the weaknesses of the flesh. Thank You for helping me be a doer of the Word of God and for helping me to do those things that are pleasing in Your sight.

Thank You, Father God, for delivering me from _____ and for helping me never to go back to the world, the dictates of my flesh, or what I am delivered from. I don't want to be a servant to sin, or for sin to reign over my mortal body that I should obey the lusts thereof. I want to walk in the light and not in darkness, righteousness and not unrighteousness, freedom and

not bondage, peace and not torment, holiness and not ungodliness, and humility and not pride. I want to live in Your protection and blessings without exposing myself to the curse of the law (Proverbs 26:2), which includes sickness, disease, poverty and lack. I refuse to give the devil any place in my life (Ephesians 4:27).

Father, You said in 1 Corinthians 10:13, **There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.**

Hebrews 12:1, 2: **Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.**

James 1:12: **Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him.**

Romans 12:1, 2: **I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.**

So I thank You, Father God, that You are in my life and that You love and care for me. Thank You for helping me walk in Your perfect will and for giving me the strength to overcome my flesh and the temptations of the world. I thank You for giving me the authority to resist the devil in Jesus' Name, Amen.

Philippians 4:6: **Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.**

1 Timothy 2:8: **I will therefore that men pray every where, lifting up holy hands, without wrath and doubting.**

Hebrews 13:15: **By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to his name.**

Read the following scriptures out loud daily to help you see the importance of keeping the flesh under. They will help you discern the difference between walking in the flesh and walking in the spirit.

Romans 8:1, 2, 5-8, 13: **There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death. For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit. For to be carnally minded is death; but to be spiritually minded is life and peace.**

Because the carnal mind *is* enmity against God: for it is not subject to the law of God, neither indeed can be. So then they that are in the flesh cannot please God. For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

Romans 6:23: For the wages of sin *is* death; but the gift of God *is* eternal life through Jesus Christ our Lord.

1 Corinthians 3:16: Know ye not that ye are the temple of God, and *that* the Spirit of God dwelleth in you? ¹⁷If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which *temple* ye are.

1 Corinthians 6:9-12; 15-20: Know ye not that the unrighteous shall not inherit the kingdom of God? Be not deceived: neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor abusers of themselves with mankind, ¹⁰Nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, shall inherit the kingdom of God.

¹¹And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God. ¹²All things are lawful unto me, but all things are not expedient: all things are lawful for me, but I will not be brought under the power of any.

¹⁵Know ye not that your bodies are the members of Christ? shall I then take the members of Christ, and make *them* the members of an harlot? God forbid. ¹⁶What? know ye not that he which is joined to an harlot is one body? for two, saith he, shall be one flesh. ¹⁷But he that is joined unto the Lord is one spirit. ¹⁸Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body.

¹⁹What? know ye not that your body is the temple of the Holy Ghost *which is* in you, which ye have of God, and ye are not your own? ²⁰For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

2 Corinthians 6:14-18: Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness? ¹⁵And what concord hath Christ with Belial? or what part hath he that believeth with an infidel? ¹⁶And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in *them*; and I will be their God, and they shall be my people. ¹⁷Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean *thing*; and I will receive you, ¹⁸And will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty.

Galatians 5:14-25: For all the law is fulfilled in one word, *even* in this; Thou shalt love thy neighbour as thyself. ¹⁵But if ye bite and devour one another, take heed that ye be not consumed one of another. ¹⁶*This* I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh. ¹⁷For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other:

so that ye cannot do the things that ye would. ¹⁸But if ye be led of the Spirit, ye are not under the law. ¹⁹Now the works of the flesh are manifest, which are *these*; Adultery, fornication, uncleanness, lasciviousness, ²⁰Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, ²¹Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told *you* in time past, that they which do such things shall not inherit the kingdom of God.

²²But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, ²³Meekness, temperance: against such there is no law.

²⁴And they that are Christ's have crucified the flesh with the affections and lusts. ²⁵If we live in the Spirit, let us also walk in the Spirit.

Philippians 4:7, 8: And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. ⁸Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if *there be* any virtue, and if *there be* any praise, think on these things. *Read also: Ephesians 4:25-5:20*

Confession of Faith

My confession of faith is based on God's Word. Jesus said I can have what I say because He said, For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

According to Mark 11:23, I **say** I'm delivered from the power of darkness and translated into the kingdom of His dear Son. I keep my body under and bring it into subjection to the Word of God. I choose to please God and not my fleshly desires. I choose to walk in the spirit and not in the flesh. I choose to be godly and not carnal. I choose to live a holy and pure life before the Lord.

I put the Lord first, and not my fleshly desires. I'm no longer weak, but I'm strong in the Lord and in the power of His might. I let no corrupt communication come out of my mouth. I cast down any imaginations coming to my mind that are contrary to God's Word.

I think on those things that are true, honest, just, pure, lovely, of good report, virtue and praise. I refuse to be controlled by the flesh, the devil, temptations, the things of the world, lust, emulation, wrath, anger, bitterness, clamor, lying or stealing, for I've put on the new man which is after God, created in righteousness and true holiness.

I say I'm a sanctified, Holy Ghost-filled new creation in Christ Jesus, and I'm a child of God living a righteous, godly, holy life, in Jesus' Name.

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