

The Best Benefits to Praying in Tongues

Never underestimate the benefits of praying in tongues.

Ephesians 6:18:

Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

1 Corinthians 14: 2,4,14 & 15:

For he that speaketh in an unknown tongue speaketh not unto men, but unto God: for no man understandeth him; howbeit in the spirit he speaketh mysteries. He that speaketh in an unknown tongue edifieth himself; but he that prophesieth edifieth the church. For if I pray in an unknown tongue, my spirit prayeth, but my understanding is unfruitful. What is it then? I will pray with the spirit, and I will pray with the understanding also: I will sing with the spirit, and I will sing with the understanding also.

Jude 20:

But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost,

Everyone — saved, or unsaved, can pray in their known language, which is the language that they articulate in. But only those who are born-again and baptized in the Holy Spirit with the evidence of speaking in tongues can pray in the spirit. When we pray in the spirit, we're praying unselfishly, and we're praying God's will, as we read in Romans 8: 26-28:

Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

²⁷And he that searcheth the hearts knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God. ²⁸And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

You know that if you spend any length of time praying in your known language, you run out of things to pray about. But, when you pray in tongues, you never run out of things to pray about, and the more you pray in the spirit, the more you want to. It also enables one to be more sensitive to the voice of the Holy Spirit, Who dwells in you, and in every believer.

The more time that you spend praying in the spirit, the more you will get it settled in your heart what the will of God is for your life. It eliminates confusion and anxiety and stress; it can take someone from being bewildered to where they have the utmost confidence that they've heard from God. Praying in tongues (which is praying in the spirit, according to the scriptures that we've read today), helps to build up and strengthen our faith. It also helps give us the courage to step out and obey God. Probably the number one reason that a person doesn't step out once they've heard from God has to do with the lack of prayer.

If there are any areas in your life that you're struggling with or faltering in, I want to encourage you to set aside time — a couple of hours a day — and devote that time to praying in the spirit. This will help you to get things cleared up with the Lord and you'll know in your spirit what you've got to do. And all things will work out together for your good!

And, before I close today, I also want to say something along this line:

If you received no other benefit from praying in tongues, the best would be what it's done for me: it has enabled me to distinguish the difference between the voice of my spirit man and that of my mind. Sometimes, our minds can be very persuasive in not pursuing the will of God. So, if there were no other benefit that came from praying in tongues, and if this were the only one, **it would be worth it all!**

If you ever get to the place where you want to be led by the Holy Ghost, and you want to know God's voice for yourself, and you don't know if what's coming to you is from your head or from your heart, then do this one thing, and do it diligently: pray in tongues until you know what God wants you to do — and then do what you have in your heart. This is the guarantee for your life that God gave you, because the Holy Spirit is never wrong. We all need to put our heart before our head, and obey what we have in our heart, no matter what our head tells us. You can do this if you'll just do it.

I look forward to sharing more with you tomorrow.

Brother Rich

Remember, God wishes above all things that you prosper and be in health, even as your soul prospers (3 John 2).